

AQUATICS



Pool 1 (Shallow pool)

Fall 2026

SAW MILL CLUB • EAST

Pool Hours: Mon–Fri: 5:00AM–4:00PM, Fri: 5:00AM–7:00PM, Sat/Sun: 6:30AM–5:00PM

Effective September 1st

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00AM								5:00AM
5:30AM								5:30AM
6:00AM	Adult Lap Swim Begins at 5:00AM Monday–Thursday							6:00AM
6:30AM	Private Lessons may be given during Lap Swim Times							6:30AM
7:00AM						Lap Swim 6:30AM–8:30AM		7:00AM
7:30AM							Lap Swim 6:30AM–11:00AM	7:30AM
8:00AM								8:00AM
8:30AM								8:30AM
9:00AM								9:00AM
9:30AM								9:30AM
10:00AM								10:00AM
10:30AM						Pool Closed 9:30AM–12:15PM		10:30AM
11:00AM								11:00AM
11:30AM								11:30AM
NOON	Lap Swim 5:00AM–4:00PM	Lap Swim 5:00AM–4:00PM	Lap Swim 5:00AM–4:00PM	Lap Swim 5:00AM–4:00PM	Lap Swim 5:00AM–4:00PM		Pool Closed 11:00AM–1:45PM	NOON
12:30PM								12:30PM
1:00PM								1:00PM
1:30PM								1:30PM
2:00PM								2:00PM
2:30PM	Private Lessons may be given during Lap Swim Times					Lap Swim 10:30AM–3:00PM	Lap Swim 1:45PM–3:00PM	2:30PM
3:00PM								3:00PM
3:30PM								3:30PM
4:00PM							3:00–5:00PM Family Swim	4:00PM
4:30PM	Pool Closed 4:00PM	Pool Closed 4:00PM–8:00PM	Pool Closed 4:00PM–8:00PM	Pool Closed 4:00PM–8:00PM				4:30PM
5:00PM								5:00PM
5:30PM						Pool Closed 5:00PM	Pool Closed 5:00PM	5:30PM
6:00PM								6:00PM
6:30PM								6:30PM
7:00PM								7:00PM
7:30PM					Pool Closed 7:00PM			7:30PM
8:00PM								8:00PM
8:30PM								8:30PM
9:00PM								9:00PM