



SAW MILL CLUB

Group Swim Lessons

Fall 2026

September 16–November 8

SESSION LENGTH 7 lesson weeks

Last week is the make-up week - starts November 4

Mandatory Swim Assessments for placement in August

Tuesdays 12:00–12:30PM | Fridays 5:00–6:00PM | Saturdays 10:30–11:00AM

	Wednesday	Thursday	Friday	Saturday	Sunday
Water Babies		11:30AM–12:00PM		10:30–11:00AM	
PreSchool 1					10:00–10:30AM
PreSchool 2					10:30–11:00AM
PreSchool 3					11:00–11:30AM
Learn to Swim Level 1 Introduction to Water Skills	4:30–5:00PM			11:00–11:30AM	10:00–10:30AM
Learn to Swim Level 2 Fundamentals of Water Skills	4:30–5:00PM	4:30–5:00PM		11:30AM–12:00PM	10:30–11:00AM
Learn to Swim Level 3 Refinement of Water Skills		4:00–4:30PM	4:00–4:30PM	12:00–12:30PM	11:00–11:30AM
Learn to Swim Level 4 Stroke Technique Training			4:30–5:30PM	12:30–1:30PM	
Learn to Swim Level 5 Pre-Competitive Swim Clinic			5:30–6:30PM		

Register: Online on the Genesis Health Clubs Member Portal → or Fill out form on reverse.



Program Contact

Zack Zavras, Swim Lesson Coordinator
zack.zavras@genesishhealthclubs.com



Fees	Member	Non Member
30 Minute Classes	\$280.00	\$385.00
60 Minute Classes	\$420.00	\$525.00

77 Kensico Drive, Mt. Kisco, NY 10549 | 914.241.0797 | www.sawmillclub.com

STORM SWIM SCHOOL

Class size ratio

1	Learn to Swim Level 1 Introduction to Water Skills	2 instructor to 6 (instructor in the water)
2	Learn to Swim Level 2 Fundamentals of Water Skills	2 instructor to 8 (instructor in the water)
3	Learn to Swim Level 3 Refinement of Water Skills	1 instructor to 5 (instructor in the water)
4	Learn to Swim Level 4 Stroke Technique Training	1 instructor to 6 (instructor out of the water)
5	Learn to Swim Level 5 Pre-Competitive Swim Clinic	1 instructor to 8 (instructor out of the water)



**Build skills.
Grow confidence.**

For information or help selecting
the right class, contact:

Zack Zavras
Aquatics Coordinator
Zack.Zavras@genesishhealthclubs.com

Children's group lessons are available from beginner babies through advanced swimmer levels.

Our professional instructors build stroke technique, water-safety skills, comfort, strength and confidence through age and level-appropriate instruction. Parents and caregivers may not enter the pool deck during class, except for Water Babies.

SESSION POLICIES

- Seven-week lesson commitment
- Built-in make-up week included
- Individual make-ups are not offered
- Perfect attendance: all 8 sessions for the cost of 7
- No refunds

Student's Name: First _____ Last _____

Email Address _____

Parent Cell Phone Number _____ DATE OF BIRTH _____

Parent Address _____

Class Name _____ Day _____ Time _____

Credit card # _____

Exp. Date _____

Billing Zip _____



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