

AQUATICS



SAW MILL CLUB • EAST

Pool 1 (Shallow pool)

Fall 2025

Pool Hours: Mon–Fri: 5:00AM–4:00PM, Sat/Sun: 6:30AM–5:00PM

Effective 9/1/2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00AM								5:00AM
5:30AM								5:30AM
6:00AM	Adult Lap Swim Begins at 5:00AM Monday–Friday							6:00AM
6:30AM	Private Lessons may be given during Lap Swim Times							6:30AM
7:00AM								7:00AM
7:30AM								7:30AM
8:00AM						Lap Swim	Lap Swim	8:00AM
8:30AM						6:30AM–9:00AM	6:30AM–10:30AM	8:30AM
9:00AM								9:00AM
9:30AM								9:30AM
10:00AM								10:00AM
10:30AM						Pool Closed		10:30AM
11:00AM						9:00AM–12:30PM		11:00AM
11:30AM								11:30AM
NOON	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		Pool Closed	NOON
12:30PM	5:00AM–4:00PM	5:00AM–4:00PM	5:00AM–4:00PM	5:00AM–4:00PM	5:00AM–4:00PM		10:30AM–2:00PM	12:30PM
1:00PM								1:00PM
1:30PM						Lap Swim		1:30PM
2:00PM						12:30PM–3:00PM	Lap Swim	2:00PM
2:30PM	Private Lessons may be given during Lap Swim Times						1:30PM–3:00PM	2:30PM
3:00PM								3:00PM
3:30PM								3:30PM
4:00PM						3:00–5:00PM	3:00–5:00PM	4:00PM
4:30PM	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Family Swim	Family Swim	4:30PM
5:00PM	4:00PM	4:00PM–8:00PM	4:00PM–8:00PM	4:00PM–8:00PM	4:00PM			5:00PM
5:30PM						Pool Closed	Pool Closed	5:30PM
6:00PM						5:00PM	5:00PM	6:00PM
6:30PM								6:30PM
7:00PM								7:00PM
7:30PM								7:30PM
8:00PM								8:00PM
8:30PM								8:30PM
9:00PM								9:00PM