## **AQUATICS**



## Pool 1 (deep pool)

Spring 2024

Pool Hours: Monday - Friday 5:00AM-4:00PM, Saturday and Sunday 6:30-5:00PM, • Effective: 3/5/2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:00	Lap Swim 5:00–11:30ам	Lap Swim 5:00ам–4:30рм	Lap Swim 5:00–11:30AM	Lap Swim 5:00 <sub>АМ</sub> –4:30 <sub>РМ</sub>	Lap Swim Lap Swim 5:00–11:30AM			5:00	
5:30								5:30	
6:00								6:00	
6:30						Lap Swim 6:30–9:30ам	Lap Swim 6:30ам–11:00ам	6:30	
7:00								7:00	
7:30								7:30	
8:00								8:00	
8:30								8:30	
9:00								9:00	
9:30						9:30–12:00 <b>Swim Team</b>		9:30	
10:00								10:00	
10:30								10:30	
11:00							11:00–1:30 Swim Team	11:00	
11:30	11:30–12:30 Water Exercise				11:30–12:30 <b>Water Exercise</b>			11:30	
NOON			Water Exercise		Water Exercise	Lap Swim 12:00–5:00		NOON	
12:30	Lap Swim 12:30–4:00рм		Lap Swim 12:30–4:00 <sub>РМ</sub>		Lap Swim 12:30–4:00 <sub>РМ</sub>			12:30	
1:00								1:00	
1:30							Lap Swim 1:30–5:00	1:30	
2:00								2:00	
2:30								2:30	
3:00								3:00	
3:30								3:30	
4:00								4:00	
4:30								4:30	
	Pool Closed 2 Lap Lanes Available								