



# Schedule

## Winter 2024

**The Latin inspired dance class that will have you smiling and having a blast while you create a slimmer, more-shapely you! All levels welcome.**

<b>Tuesday</b>	<b>ZUMBA®</b>	4:30PM	Bernadette	GX Studio
<b>Wednesday</b>	<b>ZUMBA®</b>	9:30AM	Bernadette	GX Studio
<b>Friday</b>	<b>ZUMBA®</b>	9:30AM	Bernadette	GX Studio
<b>Saturday</b>	<b>ZUMBA®</b>	10:15AM	Jennifer C.	GX Studio
<b>Sunday</b>	<b>ZUMBA®</b>	11:15AM	Bernadette	GX Studio

This schedule is subject to change, please refer to MySawMill App for most up-to-date schedule.

For more information on all of the Group Exercise classes Saw Mill Club East has to offer, please contact *Group Exercise Director, Faith Zimmel*: (914) 752-6911 • fzimmel@sawmillclub.com