



# Schedule

**Winter 2024**  
Effective February 4

## Dance Fitness Party!!.

The Latin inspired dance class that will have you smiling and having a blast while you create a slimmer, more-shapely you! All levels welcome.

Tuesday	<b>Dance Fit</b>	10:30-11:30AM	J.B.	GX Studio
Tuesday	<b>ZUMBA</b>	10:30-11:30AM	Shahidah	GX Studio
Thursday	<b>ZUMBA</b>	10:30-11:30AM	Jorge	GX Studio
Saturday	<b>ZUMBA</b>	10:30-11:30AM	Shahidah	GX Studio
Sunday	<b>ZUMBA</b>	10:30-11:30AM	Jennifer	GX Studio

**Please note:** In inclement weather classes move indoors. Please check your email for notifications on those days.

Registration for Classes Available on SMC App 6 Days Prior to class

This schedule is subject to change, please refer to MySawMill App for most up-to-date schedule.