



# Schedule

**Winter 2024**  
Effective January 4

## Dance Fitness Party!!.

The Latin inspired dance class that will have you smiling and having a blast while you create a slimmer, more-shapely you! All levels welcome.

<b>Tuesday</b>	<b><i>Dance Fit</i></b>	10:30–11:30AM	J.B.	GX Studio
<b>Tuesday</b>	<b>ZUMBA®</b>	10:30–11:30AM	Shahidah	GX Studio
<b>Wednesday</b>	<b>ZUMBA®</b>	6:30–7:30PM	Jennifer	GX Studio
<b>Thursday</b>	<b>ZUMBA®</b>	10:30–11:30AM	Jorge	GX Studio
<b>Saturday</b>	<b>ZUMBA®</b>	10:30–11:30AM	Shahidah	GX Studio
<b>Sunday</b>	<b>ZUMBA®</b>	10:30–11:30AM	Jennifer	GX Studio

**Please note:** In inclement weather classes move indoors. Please check your email for notifications on those days.

Registration for Classes Available on SMC App 6 Days Prior to class

This schedule is subject to change, please refer to MySawMill App for most up-to-date schedule.