

Turn over
a new leaf
this Fall!

Join Ohra Yoga's
200 hour
RYS Fall
Teacher Training
program.



Find out what
everyone is raving
about!

4 month program
Starts October 23
Meets over
7 weekends
& 12 weeknights

check out www.ohrayoga.com
for more details

Contact **Michelle Briks** to register
1-888-980-Ohra (6472)
ohrawellness@gmail.com

