

Saw Mill Club Aquatics

Lifeguard Training

Spring/Summer 2015

Prerequisites:

- 15 years old by class start date.

Pre-test:

- Must be able to swim 500 yards –(200 yard Freestyle, 200 Breaststroke, 100 Freestyle or Breaststroke).
- Must be able to retrieve a 10lb brick from the deep end of the pool.

Fees: Full Certification \$450.00

Registration:

- Contact Tammy Neubauer at 914-752-6926 or email: tneubauer@sawmillclub.com

All days mandatory per session. Upon successful completion of this course, participants will receive certificates in Lifeguard Training, Standard First Aid and Professional CPR, and AED essentials. Candidates must attend all course sessions. No make-ups will be offered and no refunds can be given for failing any of the required skills, failing the written test or failing to attend all class sessions.

Lifeguard Training (Class 1)	
Friday	April 3
Saturday	April 4
Sunday	April 5
Lifeguard Training (Class 2)	
Saturday	April 11
Saturday	April 18
Saturday	April 25

Lifeguard Training (Class 3)	
Saturday	May 2
Saturday	May 9
Saturday	May 16
Lifeguard Training (Class 4)	
Saturday	May 23
Sunday	May 24
Monday	May 25

Lifeguard Training (Class 5)	
Wednesday	June 17
Saturday	June 20
Sunday	June 21
Lifeguard Training (Class 6)	
Monday	June 22
Tuesday	June 23
Wednesday	June 24
Lifeguard Training (Class 7)	
Saturday	July 11
Saturday	July 12
Saturday	July 18

Classes 1–4 are 11:00AM–7:00PM

Classes 5–7 are 9:00AM–5:00PM

ALL CLASSES AT SAW MILL CLUB

Lifeguard Training Registration form

Name _____

Address _____

Telephone _____ E-mail _____

Credit card information _____

Exp. Date _____

I have read and am familiar with the terms and conditions contained in the waiver of liability listed below:

It is expressly agreed that all exercises and treatments and use of equipment and facilities of Saw Mill Club are and shall be undertaken at member's and member's minor children's sole risk, and that the member assumes the risk of any injuries he or she or the member's minor children may suffer while using any of the equipment or the facilities of Saw Mill Club, and that Saw Mill Club shall not be liable for any claims, demands, injuries, damages, actions, or causes of action whatsoever to the member, the member's minor children or property arising out of or connected with the use of any of the services, equipment and/or facilities of Saw Mill Club, or of the property or premises where same located, and the member does hereby expressly forever release and discharge Saw Mill Club from all such claims, demands, injuries, damages or causes of action from all acts of negligence, active or passive, and all other fault on the part of Saw Mill Club, its servants, agents or employees.

signature _____ date _____

77 Kensico Drive Mt. Kisco, NY 10549 914.241.0797 fax 914.241.0683 sawmillclub.com