

This summer
immerse
yourself in
the Yoga Life

Join Ohra Yoga's 200 hour RYS Teacher Training Summer Immersion.

This 4.5 week summer
immersion Meets

Monday–Friday
July 14–August 12

Mondays: 12:00– 8:00

Tuesdays: 12:30–8:30

Wednesdays: 12:30–8:45

Thursdays: 1 1:00–7:00

Fridays: 9:30–5:30



Small group classes
and personal attention
make this the *perfect* choice
for all Yogis this summer!

check out www.ohrayoga.com
for more details

Contact **Michelle Briks** to register
1-888-980-Ohra (6472)
ohrawellness@gmail.com

