

# Massage Therapy

## Massage Services

At Saw Mill Club we specialize in massage and only the best massage experience.

Each session is custom-tailored to the individual needs of the client. The massage will integrate a combination of Therapeutic and Intensive Techniques and strokes that will:

- Diminish Stress
- Increase Circulation
- Relieve Chronic Pain
- Increase Flexibility and Range of Motion
- Lengthen Tight Muscles

We use the highest quality oils, creams and liniments as well as heat and aromatherapy to maximize the massage experience.

	Members	Guests
30 Minutes	\$ 65	\$ 85
60 Minutes	\$100	\$120
90 Minutes	\$150	\$170

All massage services are performed by New York State Licensed and Certified Professionals.

\* 24 hour notice is required for all cancellations or the full appointment fee will be charged

\*New clients please arrive 10 minutes prior to your appointment.

Non-Members Welcome.

To schedule an appointment please call (914) 241-0797

For additional information, contact Nicole Pisano, LMT at (914) 733-4064.