

Aquatics

Lifeguard Training **Winter2009**

Upon successful completion of this course, participants will receive certificates in Lifeguard Training, Standard First Aid and Professional CPR, and AED essentials. Candidates must attend all course sessions. No make-ups will be offered and no refunds can be given for failing any of the required skills, failing the written test or failing to attend all class sessions.

* Refunds will be made only if the candidate is unable to complete course pre-test.

Session Dates & Times

Winter Sessions

Saturday, February 28 th	10:00AM-6:00PM	Sunday, March 8 th	10:00AM-6:00PM
Sunday, March 1 st	10:00AM-6:00PM	Saturday, March 14 th	10:00AM-6:00PM
Saturday, March 7 th	10:00AM-6:00PM		

(Snow Day makeup day Sun. March 15)

Prerequisites:

- 15 years old by class start date.

Pre-test:

- Must be able to swim 500 yards (200 yard Freestyle, 200 Breaststroke, 100 Freestyle or Breaststroke).
- Must be able to retrieve a 10lb brick from the deep end of the pool.

Fees: \$425.00. Payment is due at registration.

Registration:

- Contact Tammy Neubauer at extension 3032 or e-mail tneubauer@sawmillclub.com

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Name _____ Member No. _____

Birthdate _____

Address _____ City/State/Zip _____

Home Phone _____ Work Phone _____

E-mail Address _____ Cell Phone/Other _____

I have read and am familiar with the terms and conditions contained in the waiver of liability listed below:

It is expressly agreed that all exercises and treatments and use of equipment and facilities of Saw Mill Club are and shall be undertaken at member's and member's minor children's sole risk, and that the member assumes the risk of any injuries he or she or the member's minor children may suffer while using any of the equipment or the facilities of Saw Mill Club, and that Saw Mill Club shall not be liable for any claims, demands, injuries, damages, actions, or causes of action whatsoever to the member, the member's minor children or property arising out of or connected with the use of any of the services, equipment and/or facilities of Saw Mill Club, or of the property or premises where same located, and the member does hereby expressly forever release and discharge Saw Mill Club from all such claims, demands, injuries, damages or causes of action from all acts of negligence, active or passive, and all other fault on the part of Saw Mill Club, its servants, agents or employees.

Signature _____ Date _____
77 Kenosha Drive Mt. Kisco, NY 10549 914.241.0797 fax 914.241.0683 Sawmillclub.com