

Fitness

Pee Wee P.E.

A structured lunch and Physical Education program for 3, 4 and 5 year olds.

Pee Wee P.E. is designed to help preschoolers develop better movement skills through interactive games. Each week will focus on a different skill set, such as balance, jumping and landing, spatial awareness and more! The program will include 30 minutes of lunch in the preschool followed by 45 minutes of P.E. in the Big Gym.

Pee Wee P.E. will be taught by Personal Trainers, Jennie Hendricks, a certified Physical Education Teacher and Debby Rosenberg, mother of twins and former preschool camp counselor.

Days: Fridays
Dates: January 9, 16, 23, 30, February 6, 13, and 20th.
Time: 12:00 to 1:15
Fee: \$154.00
Pick up: Big Gym

Registration Form

Pee Wee P.E.

Child's Name _____ Member # _____

Birth Date _____ Age _____

Parent's Name _____

Address _____

Phone # _____ Cell Phone# _____

E-Mail Address _____

Emergency Contact: _____

Please list any allergies, ESPECIALLY foods: _____

Please fill out a separate registration form for each child and return it to Lynn Hertel, Children's Center Director's office. lhertel@sawmillclub.com

If you have any programming questions please contact Jennie Hendrix, jhendricks@sawmillclub.com or Debbie Rosenberg drosenberg@sawmillclub.com

PARENT OR GUARDIAN CONSENT:

I hereby give consent for my child to participate in the program at Saw Mill Club. I certify that I know of no physical problems or conditions which would impair my child from participating in the program. If necessary, I authorize the persons in charge to secure first aid and/or the services of any legally qualified physician or hospital, and agree to assume all financial obligations connected therewith.

Name _____ Date _____