

# Aquatics

## Lifeguard Training

Winter 2012

All days mandatory per session.

Upon successful completion of this course, participants will receive certificates in Lifeguard Training, Standard First Aid and Professional CPR, and AED essentials. Candidates must attend all course sessions. No make-ups will be offered and no refunds can be given for failing any of the required skills, failing the written test or failing to attend all class sessions.

### Prerequisites:

- 15 years old by class start date.

### Pre-test:

- Must be able to swim 500 yards (200 yard Freestyle, 200 Breaststroke, 100 Freestyle or Breaststroke).
- Must be able to retrieve a 10lb brick from the deep end of the pool.

**Fees:** \$425.00 (Full course)  
 \$250.00 (recertification)  
 Payment is due at registration.

### Registration:

- Contact Tammy Neubauer at extension 3032 or e-mail [tneubauer@sawmillclub.com](mailto:tneubauer@sawmillclub.com)

\* Recertification class is the last day of each session

### Lifeguard Training (Full Course) Session I

Saturday	January 14	9:00AM – 7:00PM
Sunday	January 15	9:00AM – 7:00PM
Monday	January 16	9:00AM – 7:00PM *

### Lifeguard Training (Full Course) Session II

Friday	February 17	9:00AM – 7:00PM
Saturday	February 18	9:00AM – 7:00PM
Sunday	February 19	9:00AM – 7:00PM *

### Lifeguard Training (Full Course) Session III

Monday	February 20	9:00AM – 5:00PM
Tuesday	February 21	9:00AM – 5:00PM
Wednesday	February 22	9:00AM – 5:00PM
Thursday	February 23	9:00AM – 5:00PM
Friday	February 24	9:00AM – 5:00PM *

Saw Mill Club

## Lifeguard Training & Recertification Registration form

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_ E-mail \_\_\_\_\_

Session I     Session II     Session III

Credit card information \_\_\_\_\_

Exp. Date \_\_\_\_\_

### I have read and am familiar with the terms and conditions contained in the waiver of liability listed below:

It is expressly agreed that all exercises and treatments and use of equipment and facilities of Saw Mill Club are and shall be undertaken at member's and member's minor children's sole risk, and that the member assumes the risk of any injuries he or she or the member's minor children may suffer while using any of the equipment or the facilities of Saw Mill Club, and that Saw Mill Club shall not be liable for any claims, demands, injuries, damages, actions, or causes of action whatsoever to the member, the member's minor children or property arising out of or connected with the use of any of the services, equipment and/or facilities of Saw Mill Club, or of the property or premises where same located, and the member does hereby expressly forever release and discharge Saw Mill Club from all such claims, demands, injuries, damages or causes of action from all acts of negligence, active or passive, and all other fault on the part of Saw Mill Club, its servants, agents or employees.

signature \_\_\_\_\_

date \_\_\_\_\_

77 Kenisco Drive Mt. Kisco, NY 10549 914.241.0797 fax 914.241.0683 [sawmillclub.com](http://sawmillclub.com)

